

OrthoVirginia Pain Management Suite

5899 Bremono Rd.

MOB West 1st Floor

Richmond, VA 23226

Thoracic Surgeries

- You should expect at least one night in the hospital. The exact time will be determined based on your status following surgery.
- You will NOT be given a back brace after surgery.
- Dr. Herzog uses neuromonitoring during all cervical procedures. This monitors the function of the nerves during surgery. You may get a separate bill for this. If you receive a bill, please contact NuVasive at 18667021790 and they will be able to help you sort this out.
- You may notice an increase in drainage from your incision around day 410 postop. This can be normal, but please notify us if you have this happen.
- If you have redness, swelling, or warmth at the incision site, please notify us.
- Once you remove your dressing, you will notice a piece of clear sticky mesh on your incision. Do not remove this, it will come off on its own.
- You may have leg pain or numbness and tingling that comes and goes during your initial postop period as the nerve relearns its job.
- No bending, twisting, pushing, pulling or lifting more than 20 pounds until seen for postop appointment.
- You will not be able to return to work until cleared in the office after your surgery.